



# INDIAN ACADEMY OF PROFESSIONAL SUPERVISORS (IAPS) CERTIFICATE OF ATTAINMENT (COA) IN SUPERVISION (3 DAYS OF HYBRID TRAINING)

Counselling profession is fairly unregulated service in India. Hence the quality of service being rendered to the public is left to individual counsellors as who are not supervised. In order to bridge this gap between required and existing quality of service, INDIAN ACADEMY OF PROFESSIONAL SUPERVISORS (IAPS) has been formed to support and assist professional counsellors to refine their professional skills and deliver effective therapy to their clients.

Counselling Supervision is an essential safeguard for clients, a protection for counsellors, and a process through which practitioners can develop their skill and competence. A certified professional supervisor will supervise using various supervision interventions, provide effective evaluation and feedback to supervisees and help address the ethical and legal considerations of counselling and supervision.

## **COURSE DURATION:**

This training course is designed to provide a supervision qualification for Mental Health Professionals in Clinical/Counselling practice. This training encompasses 40 hours of pre-working study, 24 hours (3 days) of hybrid training. These 3 days include ONE DAY OF ONLINE + 2 DAYS OF IN PERSON TRAINING. The training culminates in a formal assessment phase.

## **COA IN SUPERVISION COURSE:**

- Define the role of a professional supervisor;
- Identify the goals of supervision;
- Describe the supervisory relationship;
- Demonstrate the skills required for conducting diverse supervision interventions;
- Provide effective evaluation;
- Present effectual feedback to supervisees;
- Successfully undertake a variety of supervisor administration tasks and address the ethical and legal considerations of supervision.

## **PRE-COURSE TRAINING:**

The Course includes a text book "The Practice of Counselling and Clinical Supervision-Australian & International Applications (third edition)" edited by Nadine Pelling and Philip Armstrong and a training manual. It is mandatory to study the prescribed textbook provided as a course material and answer the assessment questions. It provides the participant with a broad theoretical understanding of the different settings and theories of Supervision. It is suggested that student allocates at least 5 days or the equivalent in hours to read the text and answer the questionnaire. The successful completion of the questionnaire is required before the trainee can move into the 3 Day workshop phase.

## OVERVIEW OF PROGRAM:

- Theory of supervision
- What is professional supervision?
- What skills does a professional supervisor need?
- What will be covered in a session of professional supervision?
- What are the different settings and forms for professional supervision?
- What are the supervisor and supervisee's responsibilities?
- Legal and risk management issues in the allied health industry legislation
- Front-line management professional supervision
- Issues in applying professional supervision
- Resistant supervisees
- RISEUP Model
- Note taking and record keeping
- Mental health issues and supervision
- Transference & Counter transference
- Stress, anxiety, conflict and potential burnout

## WHO CAN ATTEND:

1. Minimum 7 years of counselling experience after completing PG Degree in psychology/counselling/psychiatric social work .
2. \*Candidates with experience as psychology or psychotherapy supervisor (\*in such cases 7 years of experience is not mandatory).

## ADVANTAGES OF SUPERVISION (COA)

### TRAINING COURSE:

1. "RISEUP" model is adopted in many of the Asia Pacific Rim Countries for supervision.
2. Gain insight and become skillful in Professional Supervision.
3. Eligible for Professional Membership in IAPS
4. Opportunity to join the certified supervisors network.

### PRESENTER FOR THE COURSE:

*Dr. Vasuki Mathivanan Phd., is an accomplished Psychologist with over 3 decades of experience in the field of mental health. She has extensive experience in training, teaching, counselling and professional supervision. She is the trainer for the RISEUP Model of Supervision in India. She is the founder of Indian Academy of Professional Supervisors (IAPS).*

### DATES :

"Online Training" (Zoom)

17<sup>th</sup> June 2026

"In-Person Training"  
(Bangalore)

19<sup>th</sup> & 20<sup>th</sup> June 2026.

Last date for regn:

29<sup>th</sup> May 2026.

\*Attendance  
mandatory on all 3 days.

### THE VENUE:

**Montfort Spirituality Centre**  
184, Old Madras Road,  
Indira Nagar, Bangalore-560038

### EARLY BIRD OFFER:

INR 25,000/-

(Till April 25<sup>th</sup> 2026)

INR 27,000/-

( After April 25<sup>th</sup> 2026)

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