



QUEER AFFIRMATIVE COUNSELING PRACTICE (QACP) BASIC LEVEL WORKSHOP

JOINTLY ORGANIZED BY

Psychology Programme, Department of Social Sciences,
M.O.P. Vaishnav College for Women, Chennai - 34

Indian Academy of Professional Supervisors (IAPS), Chennai- 28

Mariwala Health Initiative, Mumbai- 50

Thursday, 4th and Friday 5th December 2025
9 a.m. to 5 p.m.
At Naalandha, M.O.P.V.C

QACP Basic Level Workshop - Course Details

This 2-day basic workshop offers foundational concepts, knowledge and tenets for working with the LGBTQIA+ community. The workshop includes perspective building and an application component where participants learn to apply the QACP lens through case work and case discussions. Participants will learn to engage effectively with individuals and families through an affirming, informed approach. The workshop emphasises gender sensitisation, awareness of key concepts, and developing empathy and understanding of unique challenges faced by queer-trans clients. It aims to equip mental health professionals to provide safe, supportive, and non-harmful therapeutic practice while building competence in inclusive counseling.

About M.O.P Vaishnav College for Women

M.O.P. Vaishnav College for Women (Autonomous) is committed to the goals of attracting and supporting top-calibre women students in the areas of higher education. Initiated with just three courses, the college offers today 17 UG, 7 PG Programmes, and Research programmes in the Departments of Commerce, Management Studies and Communication & Media Studies. The college affiliated to the University of Madras, has strength of 3810 students, thus, recording a qualitative and quantitative growth. The college has been reaccredited by NAAC (National Assessment & Accreditation Council) at “A++” grade scale. M.O.P. Vaishnav College for Women also has the distinction of being one of the youngest colleges in the country to have been granted Autonomy by the University Grants Commission and University of Madras.

About the Psychology Programme

Established in 2016, the Psychology Programme at M.O.P. Vaishnav College for Women offers an interdisciplinary learning experience through undergraduate and postgraduate courses. The curriculum blends theory with experiential learning, emphasizing research, counseling skills, and applied psychology. The UG programme focuses on employability, entrepreneurship, and holistic development, while the PG programme trains students to become compassionate, skilled, and culturally sensitive professionals. Through academic rigor, industry exposure, and community engagement, the department prepares students to promote mental well-being and pursue meaningful careers in psychology and allied fields.

About Indian Academy of Professional Supervisors (IAPS)

The Indian Academy of Professional Supervisors is an organisation established by accomplished mental health professionals who aim to improve the quality of professional supervision services nationwide. These qualified professionals bring in a wealth of knowledge and experience to give the necessary impetus to the establishment of processes and practices for professional supervision in India.

About Mariwala Health Initiative

Mariwala Health Initiative (MHI) is a grant-making and advocacy organisation for mental health, specifically focusing on making mental health accessible to marginalized persons and communities. Viewing mental health as a spectrum, MHI believes that people with lived experiences must be situated at the core of any capacity-building work or intervention. MHI advocates for an intersectional perspective on mental health, undertakes capacity-building initiatives and funds user-centred projects—where the interventions are linked to the grassroots and are community-based. Apart from grant-making, MHI also engages in capacity-building training workshops on topics related to queer and trans mental health, diversity and inclusion, and suicide prevention.

Meet your Resource Persons



Dr. Shruthi Chakravarty
(cis woman; pronouns:
she, her)

Chief Advisor and Training Lead,
Mariwala Health Initiative

Dr. Shruthi holds a PhD from the
Tata Institute of Social Sciences,
focusing on queer
intimacies



Ms. Pooja Nair (She/her)
Consultant Therapist- MHI
Project Lead - Kerala Ministry of
Health Collaboration,
Mariwala Health Initiative
Ms. Pooja has an MPhil from the
Tata Institute of Social Sciences.
She is currently pursuing a PhD in
Psychology of Genders,
Sexualities, and Relationships at
IIT Palakkad.

Shruti Chakravarty and Pooja Nair have two decades of experience specialising in mental health, gender, and sexuality from a rights-based perspective. They have each contributed significantly to the field through their roles as mental health practitioners, researchers, trainers, social workers and academicians. Shruti and Pooja serve as faculty for the Suicide Prevention Action in Communities (SPAC) Course and the Queer Affirmative Counselling Practice (QACP) course and have co-authored the "Queer Affirmative Counselling Practice (QACP): A Resource Book for Mental Health Practitioners in India" by Mariwala Health Initiative.

Registration Details

Click on the link or scan the QR code below to access the link for registration

LAST DAY TO REGISTER: **December 1st 2025, Monday**

[REGISTRATION LINK](#)



Registration Fees

Category:	Early Bird (On or before Nov 20)	Standard Fees (After Nov 20)
Professionals	Rs. 3000	Rs. 3500
IAPS Members	Rs. 2500	Rs. 3000
Students (Postgraduate students and Research Scholars)	Rs. 1200	Rs. 1500

Banking Details

Account name: **Indian Academy of Professional Supervisors**

Account number: **99999840732055**

Account type: **Current account**

Bank Name/ Branch : **HDFC / Kottivakkam**

IFSC Details: **HDFC0000500**

Contact: 9884731978 - Ms. Ghayathri Swetha , Head- Psychology Programme, MOPVC
98844 88056 - Ms. Rajani Nandakumar, Secretary, IAPS

E-mail: qacp2025@gmail.com

NOTE: CERTIFICATES, LUNCH AND REFRESHMENTS WILL BE PROVIDED